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Introduction

Pro-Shore Hydraulic Trench Walers, used in conjunction with proprietary steel trench sheeting, are designed for the shoring of trenches, subject to the maximum safe working load not being exceeded.

N.B. This user information assumes that the user has some degree of experience in the use of proprietary ground shoring equipment and is familiar with relevant safe working practices.

Size,Weights & Safe Working loads

Rails

Rail Length	Height	Width	Material	Weight	Strut Centres	SWL on Rail in kN/m Run with a F.O.S of 2
3.5m	205mm	85mm	steel	83kg	3180mm	18.0 kN/m
2.0m	180mm	120mm	Aluminium	21kg	1420mm	58.0 kN/m
3.0m	180mm	120mm	Aluminium	31kg	2520mm	16.0 kN/m
4.0m	180mm	120mm	Aluminium	41kg	3500mm	8.2 kN/m

Rams

Ram Type	Length of Ram	Weight	Max Load
A	530-830mm	10kg	70 kN
B	780-1310mm	16kg	70 kN
B1	1180-1710mm	24kg	70 kN
B2	1500-2030mm	30kg	70 kN
B3	1700-2230MM	34kg	70 kN

Handling

Pro-shore Hydraulic Trench Walers should only be lifted with a suitable 4-leg lifting chain.

N.B. DO NOT under any circumstances attempt to lift the frames with the hanging chains supplied as they are only designed to act as a safety back-up support in the unlikely event of a hydraulic ram failing.

Assembly of Frames

The only site connection to be made is between the ram and the rail. This is made by using the 15mm dia steel pins and spring "R" clips supplied (See Fig 3. & Fig 4. on page 5)

Frame Adjustment

Pro-Shore Hydraulic Walers incorporate a single- acting hydraulic ram which allows full hydraulic adjustment of the frame. The rams are extended by using the hydraulic hand pump and hoses/2 way bridle supplied (see "RAM EXTENSION" on page 3).

Installation

N.B. There are various recognised methods of trench sheet and hydraulic trench waler installation. The method employed will vary depending on the ground conditions encountered and equipment used but wherever possible, the trench sheets should be pre-driven.

Below is a typical method of installation:

1. Excavate to the position of the top frame (approximately 1m below ground level)
2. Install the top frame ensuring it is laid level.
3. Connect both hydraulic hoses from the 2-way bridle to both rams and then the remaining hose from the 2-way bridle to the hydraulic pump. With the tool supplied, open the lock-off valve and pump out the rams until the desired size is reached.
4. Place trench sheets in each corner and drive as far as possible.
5. Ensure that all rams are pressurised to the correct pressure (1500 PSI max.) and with the tool supplied, close the lock-off valves and remove the hydraulic hoses.
6. Attach hanging chains to both rails and connect to the top of the trench sheets. Ensure the frame is adequately supported at all times.
7. Place the remaining trench sheets and drive as far as possible.
8. Continue to excavate to the position of the second frame, all the time driving the sheets, ensuring that a suitable "toe in" on the trench sheets is always maintained.
9. Repeat steps 2-6 for the second frame.
10. Once the second frame (and it is assumed the final frame) is installed, continue to excavate to formation level, all the time driving the sheets as necessary.

N.B. ALSO SEE FURTHER GUIDELINES ON PAGE 7

Removal of Frames

1. Ensure the frame is securely supported from below and the hanging chains are in position.
2. Connect the hydraulic hoses from the pump to the rams, as per "INSTALLATION- Step 3" and pressurise the system to 1500 PSI max by operating the pump.
3. With the tool supplied, open the lock-off valve (max 2 turns anti clockwise) and carefully release the pressure in the rams by moving the control valve lever on the pump backwards.
4. Remove hanging chains and lift the frame from the excavation.

Hydraulic Ram/Pump Operation

Only Proshore shoring fluid should be used with Hydraulic Trench Walers. It is important to maintain an adequate level of shoring fluid in the pump so the fluid level should be checked regularly. The pump is normally supplied with a full tank of pre-mixed fluid but if neat fluid is supplied separately (in 5 litre containers), it should be carefully poured into the pump and diluted with clean water according to the following ratios:-

Above 0 C -----1 part shoring fluid to 4 parts water
0 C to - 10 C-----1 part shoring fluid to 2 parts water
-10 C and below -----Neat shoring fluid only

Ram Extension

1. Ensure that all hydraulic couplers on the rams, pump and hoses are totally clean and serviceable.
2. To EXTEND the rams, connect one of the hydraulic hoses from the 2-way bridle to the "DELIVERY" coupler on the pump (see Fig.2.) and the other two hoses from the 2-way bridle to the couplers on the rams.
3. Open the lock-off valves on the rams (max. 2 turns anti-clockwise).
4. Set the control valve lever on the pump to the closed position (i.e.. forwards- see fig 2.) Manually operate the pump to extend the rams to the required size and pressurise to 1500 PSI max N.B DO NOT over extend the rams otherwise damage could occur- look out for the warning tape on the ram inner.
5. Close the lock-off valve by turning fully clockwise with the tool provided but DO NOT over tighten.
6. Relieve any residual pressure in the hoses by opening the control valve on the pump (i.e.. pull lever backwards- see Fig.2) and disconnect hoses.

Ram Retraction

1. To RETRACT the rams, connect the hydraulic hoses from the pump to the rams (as per REMOVAL OF FRAMES- Step 2). and pressurise the system to 1500 PSI max. by operating the pump.
2. With the tool supplied, open the lock-off valve (max 2 turns anti-clockwise) and carefully release the pressure in the rams by moving the control valve lever on the pump backwards.

Points to Watch

Over Extension of Rams

The rams are marked with a red warning tape to show when the extension is at its maximum. If this position is passed, fluid will discharge from a small safety vent and it will not be possible to achieve the working pressure. To retract the ram into its correct working range, release all pressure at the pump and close the rams down by hand. If the strut supplied has not achieved the required dimension, then the packers or an extra strut extension must be added.

Air in the System

Occasionally air may get into the system causing either springiness in the ram or a lack of prime in the pump. If this occurs the following steps should be taken:

- To restore prime to the pump, disconnect the handle from the piston rod by undoing the wing nuts and removing the pin, open the pump valve, fold the handle over the front of the pump and manually work the piston rod up and down as fast as possible. When prime is restored, a considerable increase in resistance will be felt. The handle can now be reconnected and normal pumping continued.
- To ensure that the ram is air free:

-PURGE AIR FROM THE HOSES: Either connect the hose end to the male coupler on the bucket top, if it is of that type, or depress the nipple in the hose end and in both cases pump until fluid flows freely through the hose. Then:

-PURGE AIR FROM THE RAM: Attach the purged hose to the ram and fully extend. Stand the ram on end with the valve block at the top. Release the pressure at the pump valve and push the ram closed. All air should now be purged.

DO'S & DON'TS

DO:

- ✓ Read this user information guide prior to using the kit.
- ✓ Inspect all kit prior to assembly.
- ✓ Ensure all pins & "R" clips are correctly fitted.
- ✓ Ensure all lock-off valves are open prior to extending/retracting rams and that all couplers on rams/hoses are clean.
- ✓ Ensure that all hydraulic rams are holding pressure before closing lock-off valves and removing hoses.
- ✓ Install the frame level and in accordance with this guide.
- ✓ Only use the lifting points for fixing chains.
- ✓ Only use suitable chain slings for lifting purposes.
- ✓ Attach all hanging chains as supplied.
- ✓ Relieve any residual pressure in the hoses prior to disconnecting from the rams.

DON'T:

- ✗ Over pressurise the rams (1500 psi max).
- ✗ Over extend the rams (300mm maximum stroke for "A" rams/500mm maximum stroke for "B" and "B1" rams).
- ✗ Over tighten lock-off valves.
- ✗ Enter the excavation until the rams are holding pressure.
- ✗ Disconnect hoses until the lock-off valve has been closed and pressure has been released at the pump.
- ✗ Use the hanging chains for any purpose other than that they are intended for.
- ✗ Depressurise the rams without the frame being securely supported.
- ✗ Attempt to remove a frame without first releasing the pressure in the rams.

Fig. 2

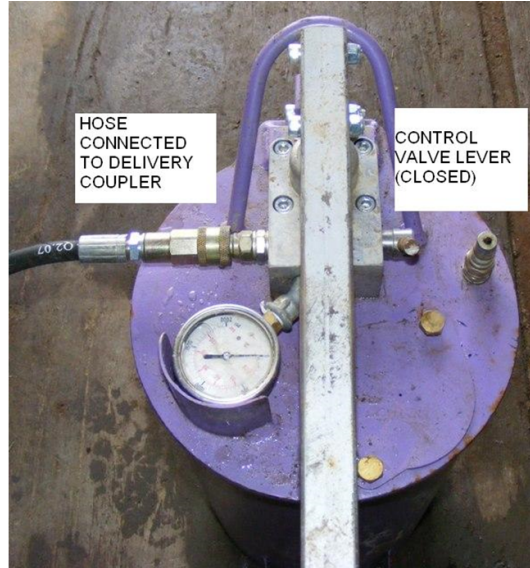


Fig. 3



Fig. 4



Lifting and Hanging Operations

Lifting Chains

All lifting must only be carried out using certified 4-leg chains of adequate capacity. Proshore are able to hire out suitable chains. The contractor should carry out a detailed risk assessment and lifting plan before any lifting operations takes place.



Notes on chain attachment points:

Most equipment is fitted with both lifting eyes and hanging chain attachment points. **When lifting assembled frames into or out of the excavation, only the lifting eyes are to be used for slinging.** Restraining points must only be used to attach the hanging chains.



Hanging Chains

Hanging chains are used to provide vertical restraint to the waler(s) once installed. The upper chains are hooked over the top of the trench sheets using the sheet hook then connected to the frame restraining points by "D" shackles. A minimum of four chains will be required per waler or as indicated on any drawings supplied. Some adjustment in overall length of the chain will be necessary to ensure all support points are level and to remove any slack. Shortening chains to the required length is achieved by inserting the "D" shackle through the appropriate chain link. Additional hanging chains connect lower level frames to the frame above.



WARNING: Hanging chains act as a back up means of support in the unlikely event of a hydraulic failure. It is essential that certified lifting chains are used to take the weight of equipment before depressurising the hydraulic rams.



HANGING CHAINS ARE NOT CERTIFIED AND MUST NOT BE USED FOR ANY LIFTING OPERATIONS.



DO	DO NOT
<ul style="list-style-type: none"> ✓ Inspect all components at start of every shift. ✓ Prepare a lifting plan, assess weights correctly and use appropriately certified lifting equipment during installation and removal. ✓ Use only designated lifting points for chain attachment. ✓ Provide edge protection or handrail panels. ✓ Attach a minimum of four hanging chains per frame, one in each corner. ✓ Keep personnel clear of excavator slewing zone. ✓ Locate underground services before excavating. ✓ Provide a safe means of access and egress. ✓ Have a "toolbox talk" prior to using the equipment. 	<ul style="list-style-type: none"> ✗ Over tighten lock-off valves. ✗ Allow excessive amounts of spoil to collect on top of the waler members. ✗ Use excessive force during installation/removal. ✗ Depressurise walers components without adequate support (other than provided by the hanging chains) being in place. ✗ Drag the waler out of the ground without releasing the pressure. ✗ Strike the waler components during excavation. ✗ Use shoring fluid other than that supplied by Groundforce.

Installation Procedures

1. Place the waler next to the trench and connect hoses to valves on the near side rail ensuring pump valve is open.
2. Connect lifting slings to eyebolts.
3. Place four sheets in trench, one for each corner of waler frame.
4. Position waler in trench with the cylinders aligned between corner trench sheets.
5. Close the pump valve, pump out to approximately 1500 psi and check pressure does not drop.
6. Attach hanging chains to 4 eyebolts and secure to top of each trench sheet.
7. Place release tool with end behind collar, flick handle towards you and coupling will spring free. Note some models may be fitted with a lock-off valve adjacent to the hydraulic coupling. If this is the case, using the tool provided, close the valve (by turning clockwise) and depressurise the delivery hose at the pump before removing the hose by hand.
8. Disconnect lifting sling and position further trench sheets behind waler rails as required.
9. Once the pipe is laid, backfill the trench to the underside of the bottom waler.
10. Attach lifting sling and disconnect connecting chains from the frame.
11. Place release tool over lip of rail and push handle away to release pressure on each cylinder valve. Ensure cylinders retract sufficiently to allow frame to clear sides of excavation.
12. Waler frame and trench sheets can now be removed as backfilling proceeds.

